

Rapoport Academy Public School

School Health Advisory Council (SHAC)

Meeting Minutes – November 16, 2021

Start Time: 11:35AM

End Time: 12:20PM

Present: Dr. Emilie Cunningham, Ashleigh Kelley, Kayla Mize, Angi Cotton, Sarah-Jane Menefee, Ashley Ugulano, Catrena Thomas, Jessica Tamen, Jared Gould

Agenda Items:

Vaccination Clinic: Scheduled for 11/17 3:30-6:00PM at 1020 Elm Avenue, Quinn Campus Location. Look for the BUS and outdoor tents. HEB will provide the staff and vaccinations. This is open to the public.

Food Service: New Food Service Director – Jenn Mellott, JMellott@RAPSWACO.ORG started on 11/8/21. Will hopefully be joining us in Spring 2022 SHAC meetings.

Marketing, Communication, Website: -Robust marketing through printed materials, social media, and campus newsletters. New website will have a wellness section which will continue to SHAC information. -The launch of the website will be in early 2022. Reminder personal invitations may continue to be the best way to help connect parents/guardians to SHAC meetings. – All Meeting Notices/Agendas, Minutes, Recordings, and links to joining are posted to the District Webpage in the Wellness section.

Student SHAC Evolvement: -High school student council sponsor has been contacted, but no student members have yet to voice interest. There seems to be an interest for stucco to be involved with health related events as well in the future. – Potential for students in the health/wellness pathways may provide opportunities to be involved or to foster service experiences (immunization clinics, blood drives, etc.) – Dr. Cunningham will have 3 health pathway interns in Spring of 2022 and will be required to attend/participate.

Student & Staff Mental Health Resources: - Dr. Cunningham convened the quality improvement committee of the District Board did review the Panorama Survey, but only as a first glance and not conclusions. When we reconvene in 2022 hopefully will have additional information to convey at the time. – Parent & Family Engagement: Future event for February 2022 which will be addressing wellbeing. – Discussion around events occurring on campus (dances, senior dinner, etc) to continue to build comradery and positive shared experiences. – MacArthur Elementary Campus: VOICE, program which is 10-weeks and all students are participating in the program focused on the positive life choices of various topics such as peer pressure, healthy eating choices, positive peers, etc. Students have participated in 8 of the 10 weeks so far. – Staff: Once articulated by staff via discrete exit ticket, however individual follow ups from staff meeting articulating via exit ticket a discrete priority for support regarding mental health minimal follow up to opportunities has occurred. District staff are working to attempt to create additional areas for or ways to support staff. – Some discussion of potentially front-loading professional development in Summer for possibly trading days off during the year. The model was shared as discussed via other SHAC meetings in area districts, employee assistance programs. Potentially looking into benefits for tele-medicine as virtual/online counseling sessions which are not

cost prohibitive as a benefit option for staff in the future. May actually be able to help staff have access without additionally taking off work (access during off period, etc).

Campus Level – Physical Education Updates / Fitness Gram

MacArthur Campus: - Each month the students have a new unit. August: Rules, Tag, Social/Personal Space, and Facility/Playground overview. September: Football; October: Soccer; November: Jump Rope. December: *Tentatively* Floor Hockey (pending resources). Each week the students in PE have 2 skill based days, 2 game base days, 1 day of Fun Friday. -Equipment: Hoping to add more jump ropes of new lengths and potentially additional floor hockey sticks (currently only have 12). – Equipment availability has come a long way, now have almost everything we need thanks to help from GEO, a grant, and a successful Donors Choose. May look to do a new Donors Choose Campaign for floor hockey sticks.

FITNESSGRAM: Historically done in April, but moved it to May. It is tough to complete as it takes about two weeks of individual pullout testing to complete and record the test to get accurate scores. The Fitnessgram testing is required starting with 3rd grade, testing focuses on muscle strength and flexibility through a battery of six tests. The system when data is input, gives feedback on norming. The data entry portion is typically difficult to complete. – Discussion regarding if the parent volunteers (approved) or student interns could help with efficiency of fitnessgram collection.

Facilities Updates: Not much new information to convey at this time. As a reminder the City of Waco purchased the Doris Miller YMCA. At this time physical education and athletics practice continues to occur at the secondary campus at this time. Junior High & High School student athletes are embracing the “Road Warrior” approach and playing all games on the road for this year. Will hope to have Athletic Director Bryan Foreman join us in February 2022 to provide updates.

Human Sexuality Education: The curriculum and letter home to parents/guardians (sent previously) have been published to the District Wellness webpage. This education is occurring this week (November 15-19, 2021) only in select grades this year on the secondary campus. Will hope to have Athletic Director Bryan Foreman join us in February 2022 to provide updates.

Open Floor:

- Parent & Family Engagement: Next Parent Family Night will be February 24, 2021. The event will focus on Emotional Self-Regulation, Bullying (awareness, training, resources, and reporting), as well as Homework/Academic focus areas.

- Local Wellness Policy: Review for policy compliance based on mandated updates from state legislature last year.

- Adoption of new state approved Health Materials for 2022-2023. This will be based on where we are teaching health in the district. Angi Cotton said this is still being determined.

Potential Future Agenda Items:

- Campus Level Physical Education & Fitnessgram Updates
- Facilities Update
- Food Service
- Health Materials for 2022-23

- Local Wellness Policy Review
- Outcome from November Immunization Clinic
- Marketing, Communication, & Website
- Student SHAC Involvement
- Student & Staff Mental Health

SHAC MEETING DATES for 2022: February 15, March 22, April 19

SHAC MEETING Agendas, Minutes, Recordings and links to join can be found on our website.